



Materials:

Yarn: 1 hank of Knitpicks Stroll (100g/462yd)

Needles: US #1 / 2.25mm DPNs (or circular for magic loop)

Notions: stitch markers, needle

Gauge: 8sts x 11rows per inch

sizing:

baby (toddler, child,) lg child, adult S, (M, L)

Finished measurements (unstretched):

Leg Length (adjustable): 2.5 (3.5, 4) 4.5, 5, (6, 7)" Foot Length (adjustable): 4 (6, 7.25), 8, 9, (10, 11.25)"

Model is wearing a toddler.

Abbreviations can be found on the last page.



Cuff

Cast on 40 (44, 52) 56, 60, (64, 72) sts, join for working in the round. Separate stitches on your dpn as follows:

1st needle 20 (22, 26) 28, 30 (32, 36) sts

2nd and 3rd needle 10 (11, 13) 14, 15 (16, 18) sts each needle

Work in 1x1 rib (k1p1 around) for 16 (16, 20) 20, 24 (24, 28) rounds Then work in Stockinette for 4 (4, 6) 6, 8, (8, 10) rounds.

Heel Flap

Next round: You will work the heel flap on the next 20 (22, 26), 28, 30, (32, 36), sts. Place the remaining 20 (22, 26), 28, 30, (32, 36), sts on hold.

Row 1 (RS): sl1, knit to end, turn work. Row 2 (WS): sl1, purl to end, turn work. Repeat rows 1-2 a total of 8 (10, 12), 13, 14, (16, 18) times. This is a total of 16 (20, 24), 26, 28, (32, 36) rows.

Heel Turn

Row 1 (RS): sl1, k12 (12, 14), 15, 16, (18, 20), ssk, k1, turn work. Row 2 (WS): sl1, p7 (5, 5) 5, 5, (7, 7), p2tog, p1, turn work. Row 3: sl1, knit to 1 st before the gap, ssk, k1, turn work. Row 4: sl1, purl to 1 st before the gap, p2tog, p1, turn work.

Repeat rows 3-4 until all stitches have been worked: 14 (14, 16), 16, 18, (20, 22) sts remain.

Knit across these heel stitches slipping the first st.

Gusset

Knit 20, (20, 24) 28, 28 (32, 36)
Pick up and knit 9 (11, 13), 14, 15, (17, 19) sts along the edge of heel flap, PM,
Knit across 20 (22, 26), 28, 30, (32, 36), PM,
Pick up and knit 9 (11, 13), 14, 15, (17, 19) sts along heel flap,
k7 (7, 8) 8, 9, (10, 11) sts, mark the new BOR (located at the bottom of the foot).
[52 (58, 68) 72, 78, (86, 96) sts]

Round 1: knit around

Round 2: knit to 3 sts before marker, k2tog, k1, sm, knit to next marker, sm, k1, ssk, knit to end [2 sts dec]

Work rounds 1-2 a total of 6 (7, 8) 8, 9, (11, 12) times. [40 (44, 52) 56, 60, (64, 72) sts]



Foot

Shift beginning of round (BOR) remove marker as follows: remove marker, k10 (11, 13) 14, 15, (16, 18), place marker - this is the new BOR, located at the side of the foot.

Continue working in the round until the piece measures 3 (5, 6) 6.5, 7, (8, 9)" from back of heel, or 1 (1, 1.5) 1.75, 2, (2, 2.25)" short of desired foot length.

Toe

Round 1: k1, ssk, knit to 3 sts before marker, k2tog, k2, ssk, knit to 3 sts before end of round, k2tog, k1 [4 sts dec]

Round 2: knit

Work rounds 1-2 a total of 5 (6, 7) 8, 9, (9, 10) times. until 16 (16, 20) 20, 20, (24, 24) sts remain.

For a left-handed tutorial of these decreases visit my youtube <u>here</u>

Cut yarn leaving a 12" tail, then graft toe using Kitchener stitch. Weave in all ends

Kitchener stitch:

Place half the stitches on one needle, half the stitches on the other needle, (top and bottom NOT side to side)

Cut yarn (leaving a long yarn tail) and thread through a blunt needle.

Set-up steps: Insert needle purlwise (back to front) through the first st on front needle, leaving the st on the needle. Then insert needle knitwise (front to back) through the first st on the back needle, leaving the st on the needle.

Step 1: Insert needle knitwise through first st on front needle, then slip this st off the needle.

Step 2: Insert needle purlwise through the second st on front needle, leaving the st on the needle.

Step 3: Insert needle purlwise through first st on back needle, then drop this stitch off the needle.

Step 4: Insert needle knitwise through second st on back needle, leaving the st on the needle.

From this point to the end, repeat steps 1-4.

Kitchener stitch can be intimidating, but you get into a rhythm:

Front needle: knitwise drop off, purlwise leave on,

Back needle: purlwise drop off, knitwise leave on,

Repeat!

At the end of the row, there is only 1 stitch left on each needle.

Work steps 1 and 3 once more.

For a left-handed video tutorial of this visit my youtube here





Abbreviations

k - knit

P – purl

sm - slip maker

pm - place marker

st - stich

sts - stitches

k2tog -knit 2 stitches together

 \mathbf{ssk} – slip next st knitwise, slip next st knitwise, place stitches back onto left needle, knit both slipped sts together