



Materials:

Yarn: approximately 150-475yds of fingering weight sock yarn

Needles: US #1 / 2.25mm DPNs (or circular for magic loop)

Notions: stitch markers, needle

Gauge: 8sts x 11rows per inch

sizing:

baby (toddler, child,) lg child, adult S, (M, L)

Finished measurements (unstretched):

Foot Length (adjustable): 4 (6, 7.25), 8, 9, (10, 11.25)”

Model is wearing an adult small. This pattern comes with instructions for ankle length and regular length legs. If you are a left-handed knitter (working left to right) there are no modifications required for this pattern.

Abbreviations can be found on the last page.



Cuff

Cast on 40 (44, 52) 56, 60, (64, 72) sts, join for working in the round.

Separate stitches on your dpn as follows:

1st and 2nd needle 10 (11, 13) 14, 15 (16, 18) sts each needle

3rd needle 20 (22, 26) 28, 30 (32, 36) sts

Work in 1x1 rib (k1p1 around) for 8 (8, 10) 10, 12 (12, 14) rounds

Then work in pattern as follows:

Round 1 - [m1pw, K4, m1pw, k 11 (18, 22) 24, 26 (28, 32), m1pw, k4, m1pw, K4, m1pw, k 11 (18, 22) 24, 26 (28, 32), m1pw, k4]

46 (50, 58) 62, 66 (70, 78) sts distributed as:

12, (13, 15) 16, 17 (18, 20) sts on the 1st and 2nd needles

22 (24, 28) 30, 32 (34, 38) on the 3rd needle

Round 2 - [p1, K4, p1, k 12 (14, 18) 20, 22 (28, 28), p1, k4, p1, K4, p1, k 12 (14, 18) 20, 22 (24, 28), p1, k4]

Round 3 - [p1, K4, p1, k 12 (14, 18) 20, 22 (28, 28), p1, k4, p1, K4, p1, k 12 (14, 18) 20, 22 (24, 28), p1, k4]

Round 4 - [p1, c2f, p1, k 12 (14, 18) 20, 22 (28, 28), p1, c2b, p1, c2f, p1, k 12 (14, 18) 20, 22 (28, 28), p1, c2b]

Round 5 - [p1, K4, p1, k 12 (14, 18) 20, 22 (28, 28), p1, k4, p1, K4, p1, k 12 (14, 18) 20, 22 (24, 28), p1, k4]

Ankle length

Work rounds 2-5 above for 4 (4, 6) 6, 8, (8, 10) rounds.

Full length

Work rounds 2-5 above until piece measures 2.5 (3.5, 4) 4.5, 5, (6, 7)'' from cast on (or desired length)

Heel Flap

Next round: Work across the 1st and 2nd needles in pattern. Place these stitches on hold. The heel flap will be worked flat, turning after each row, with only the 22 (24, 28) 30, 32 (34, 38) on the 3rd needle

Row 1 (RS): (sl1, k1) to end, turn work.

Row 2 (WS): sl1, purl to end, turn work.

Repeat rows 1-2 a total of 8 (10, 12), 13, 14, (16, 18) times.

This is a total of 16 (20, 24), 26, 28, (32, 36) rows.

Heel Turn

Row 1 (RS): sl1, k14 (14, 16), 18, 18, (18, 22), ssk, k1, turn work.

Row 2 (WS): sl1, p9 (7, 7) 9, 7 (5, 9), p2tog, p1, turn work.



Row 3: sl1, knit to 1 st before the gap, ssk, k1, turn work.

Row 4: sl1, purl to 1 st before the gap, p2tog, p1, turn work.

Repeat rows 3-4 until all stitches have been worked:

16 (16, 18), 22, 20, (20, 24) sts remain.

Knit across these heel stitches slipping the first st.

Gusset

With needle 3, pick up and knit 9 (11, 13), 14, 15, (17, 19) sts along the edge of heel flap, PM,

Knit across 24, (26, 30) 32, 34 (36, 40) on needles 1 and 2 (combining them all to needle 1) PM,

Pick up and knit 9 (11, 13), 14, 15, (17, 19) sts along heel flap onto needle 2,

K8 (8, 9) 11, 10, (10, 12) sts onto needle 2, mark the new BOR (located at the bottom of the foot).

[58 (64, 74) 82, 84, (90, 102) sts]

Round 1: knit around

Round 2: knit to 3 sts before marker, k2tog, k1, sm, knit to next marker, sm, k1, ssk, knit to end [2 sts dec]

Work rounds 1-2 a total of 7 (8, 9) 11, 10, (11, 13) times.

[44 (48, 56) 60, 64, (68, 76) sts]

Foot

Transfer the first stitch on needle 1 and the last st on needle 2 (the edge purl sts) to needle 3.

Needle 1 should now have 22 (24, 28) 30, 32 (34, 38) sts

Needles 2 and 3 should both have 11 (12, 14) 15, 16 (17, 19) sts

The new beginning of round is now needle 1.

Continue working in the round in established pattern until the piece measures 3 (5, 6) 6.5, 7, (8, 9)” from back of heel, or 1 (1, 1.5) 1.75, 2, (2, 2.25)” short of desired foot length.

Toe

Round 1: k1, ssk, knit to 3 sts before marker, k2tog, k2, ssk, knit to 3 sts before end of round, k2tog, k1 [4 sts dec]

Round 2: knit

Work rounds 1-2 a total of 7 (8, 9) 10, 11, (11, 13) times. until 16 (16, 20) 20, 20, (24, 24) sts remain.

For a left-handed tutorial of these decreases visit my youtube [here](#)



Cut yarn leaving a 12” tail, then graft toe using Kitchener stitch.
Weave in all ends

Kitchener stitch:

Place half the stitches on one needle, half the stitches on the other needle, (top and bottom NOT side to side)

Cut yarn (leaving a long yarn tail) and thread through a blunt needle.

Set-up steps: Insert needle purlwise (back to front) through the first st on front needle, leaving the st on the needle. Then insert needle knitwise (front to back) through the first st on the back needle, leaving the st on the needle.

Step 1: Insert needle knitwise through first st on front needle, then slip this st off the needle.

Step 2: Insert needle purlwise through the second st on front needle, leaving the st on the needle.

Step 3: Insert needle purlwise through first st on back needle, then drop this stitch off the needle.

Step 4: Insert needle knitwise through second st on back needle, leaving the st on the needle.

From this point to the end, repeat steps 1-4.

Kitchener stitch can be intimidating, but you get into a rhythm:

Front needle: knitwise drop off, purlwise leave on,

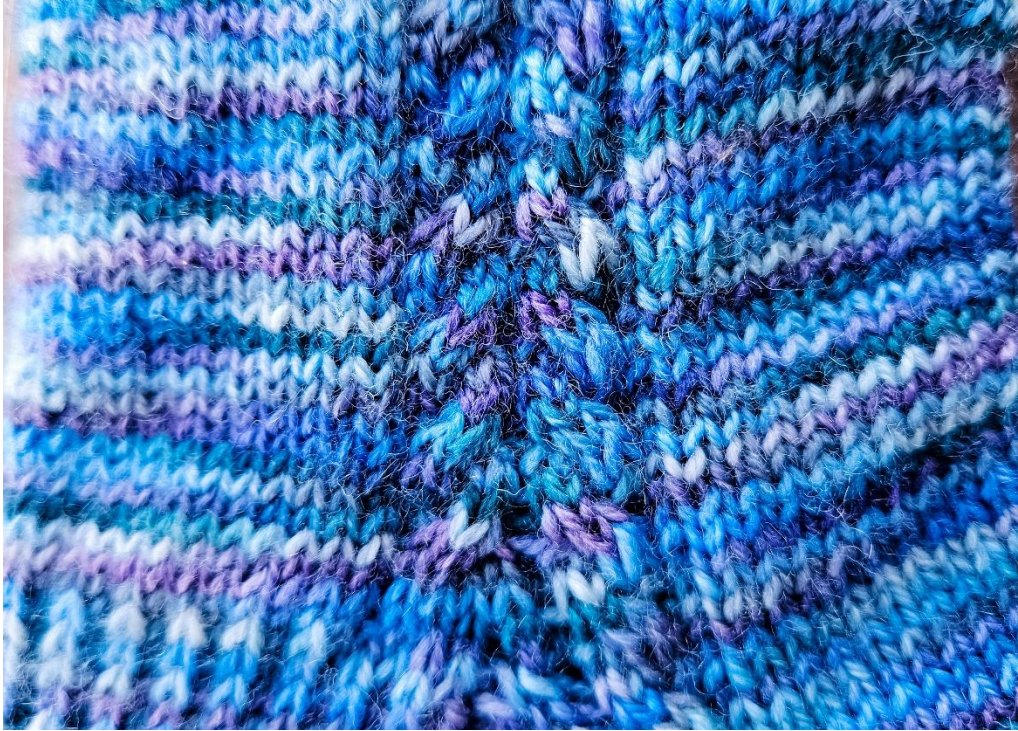
Back needle: purlwise drop off, knitwise leave on,

Repeat!

At the end of the row, there is only 1 stitch left on each needle.

Work steps 1 and 3 once more.

For a left-handed video tutorial of this visit my youtube [here](#)



Abbreviations

k - knit

P – purl

sm - slip maker

pm - place marker

st - stich

sts - stitches

k2tog -knit 2 stitches together

ssk – slip next st knitwise, slip next st knitwise, place stitches back onto left needle, knit both slipped sts together

m1p - make one purlwise

w&t - wrap and turn - wrap the yarn around the next stitch, turn work

c2f - place next 2 sts onto cable needle, hold in front, knit next 2 sts, knit 2 sts from cable needle

c2b - place next 2 sts onto cable needle, hold in back, knit next 2 sts, knit 2 sts from cable needle