



Nicolas Headband



MATERIALS AND INFO

Yarn - 30-60 yarns of [Premier Yarns Stitch Please Superwash Worsted](#) (affiliate link)

Gauge - 20x28sts per 4x4in or 10x10cm

Needles - 7 (4.5mm) circular and/or dpn

Sizes - newborn/baby (toddler, child) small adult/large adult

Head Measurement - 12-14/14-16(16-18/18-20) 20-22/22-24 inches or 30-35/35-40 (40-45/45-50) 50-55/55-60 cms

Other - yarn needle, cable needle, stitch markers

Notes - Nicolas Headband is knit in the round. I used an Italian Cast on and Bind off to have matching edges. You may use whichever matching and stretchy cast on/bind off you like. Also note, I am a left-handed knitter so your cables may appear to be twisted opposite mine if you are a “normal” knitter. That is okay and will not affect the project outcome.



Nicolas Headband

Cast on 72/80 (88/96) 112/120 using your Join in the round.

Work in [k1, p1] ribbing for 1/1 (1/1.25) 1.25/1.25 ins [2.5/2.5 (2.5/3) 3/3 cms]

Round 1 – [t2f, k1, p1, k1, t2b, p1] repeat across

Round 2 – [p1, k5, p2] repeat across

Round 3 – [p1, c5f, p2] repeat across

Round 4 – repeat round 2

Round 5 – Repeat round 2

Round 6 – Repeat round 2

Round 7 – Repeat round 3

Round 8 – [p1, k2, p1, k2, p2] Repeat across

Round 9 – [t2b, k1, p1, k1, t2f, p1] repeat across

Work in [k1, p1] ribbing for 1/1 (1/1.25) 1.25/1.25 ins [2.5/2.5 (2.5/3) 3/3 cms]

Bind off in pattern. Weave in ends.



ABBREVIATIONS

k - knit

P - purl

sl - slip stitch

st - stitch

yo - yarn over

k2tog - knit the next 2 sts together

t2f - slide next st onto cable needle, hold in front, p next st, k st from cable needle

t2b - slide next st onto cable needle, hold in back, k next st, p st from cable needle

c5f - slide next 2 sts onto cable needle, hold in front, k next 3 sts, k2 sts from cable needle