



Materials:

Yarn: approximately 450yds of fingering weight sock yarn (I used 2 skeins of [KnitPicks Stroll Tweed](#))

Needles: US #1 / 2.25mm DPNs (or circular for magic loop) I like [KnitPicks Reflections](#)

Notions: stitch markers, needle

Gauge: 10sts x 18rows per inch

sizing:

Adult Ladies

Finished measurements (unstretched):

Foot Length (adjustable): 10ins

Cuff length (adjustable): 6ins

This pattern comes is a top down, heel flap sock. If you are a left-handed knitter (working left to right) there are no modifications required for this pattern.

Abbreviations can be found on the last page.



Cuff

Cast on 70 sts, join for working in the round.

Separate stitches on your dpn as follows:

1st needle - 20sts

2nd needle - 15sts

3rd needle - 35sts

Work in 1x1 rib (k1p1 around) for 12 rounds

Knit around 1 round.

Then work in pattern as follows:

Round 1 - p2, k1b, p2 (k2tog, yo, k1, yo, ssk, p2, k1b, p2) repeat (to) around

Round 2 - knit around

Round 3 - p2, k1b, p2 (k5, p2, k1b, p2) repeat (to) around

Round 4 - Knit around

Work rounds 1-4 above until piece measures 6 inches from cast on (or desired length)

Heel Flap

Next round: Work across the 1st and 2nd needles in pattern. Place these stitches on hold. The heel flap will be worked flat, turning after each row, with only the 35 sts on the 3rd needle

Row 1 (RS): (sl1, k1) to last st, k1, turn work.

Row 2 (WS): sl1, purl to end, turn work.

Work rows 1-2 total of 16 times.

This is a total of 32 rows.

Heel Turn

Row 1 (RS): sl1, k19, ssk, k1, turn work.

Row 2 (WS): sl1, k6, p2tog, p1, turn work.

Row 3: sl1, knit to 1 st before the gap, ssk, k1, turn work.

Row 4: sl1, purl to 1 st before the gap, p2tog, p1, turn work.

Repeat rows 3-4 until all stitches have been worked:

21 sts remain.

Knit across these heel stitches slipping the first st.

Gusset

With needle 3, pick up and knit 17 sts along the edge of heel flap, PM,

Knit across 35 on needles 1 and 2 (combining them all to needle 1) PM,

Pick up and knit 17 sts along heel flap onto needle 2,

K11 sts onto needle 2, mark the new BOR (located at the bottom of the foot).

[90 sts]



Round 1: knit around

Round 2: knit to 3 sts before marker, k2tog, k1, sm, work in pattern to next marker, sm, k1, ssk, knit to end [2 sts dec]

Work rounds 1-2 a total of 10 times. [70 sts]

After last round, remove bor marker, knit the stitches on needle 3, place bor marker.

Foot

Needle 1 should now have 35 sts

Needle 2 should have 18 sts

Needle 3 should have 17 sts

The new beginning of round is now needle 1.

Continue working in the round in established pattern (the bottom of foot in stockinette and the top in lace pattern) until the piece measures 8ins (or desired length) from back of heel, or 1 (1, 1.5) 1.75, 2, (2, 2.25)" short of desired foot length. (Example: I wear a US size 10 and need to knit to 8.5ins before the toe decreases.)

The lace pattern ends here. You will work in stockinette throughout fro the remainder of the socks.

Toe

Round 1: k1, ssk, knit to 3 sts before marker, k2tog, k2, ssk, knit to 3 sts before end of round, k2tog, k1 [4 sts dec]

Round 2: knit

Work rounds 1-2 a total of 11 times. until 26 sts remain.

For a left-handed tutorial of these decreases visit my youtube [here](#)

Cut yarn leaving a 12" tail, then graft toe using Kitchener stitch.

Weave in all ends



Kitchener stitch:

Place half the stitches on one needle, half the stitches on the other needle, (top and bottom NOT side to side)

Cut yarn (leaving a long yarn tail) and thread through a blunt needle.

Set-up steps: Insert needle purlwise (back to front) through the first st on front needle, leaving the st on the needle. Then insert needle knitwise (front to back) through the first st on the back needle, leaving the st on the needle.

Step 1: Insert needle knitwise through first st on front needle, then slip this st off the needle.

Step 2: Insert needle purlwise through the second st on front needle, leaving the st on the needle.

Step 3: Insert needle purlwise through first st on back needle, then drop this stitch off the needle.

Step 4: Insert needle knitwise through second st on back needle, leaving the st on the needle.

From this point to the end, repeat steps 1-4.

Kitchener stitch can be intimidating, but you get into a rhythm:

Front needle: knitwise drop off, purlwise leave on,

Back needle: purlwise drop off, knitwise leave on,

Repeat!

At the end of the row, there is only 1 stitch left on each needle.

Work steps 1 and 3 once more.

For a left-handed video tutorial of this visit my youtube [here](#)



Abbreviations

k - knit

P - purl

sm - slip maker

pm - place marker

st - stich

sts - stitches

bor - beginning of round

k2tog -knit 2 stitches together

ssk - slip next st knitwise, slip next st knitwise, place stitches back onto left needle, knit both slipped sts together

yo - yarn over

w&t - wrap and turn - wrap the yarn around the next stitch, turn work

K1B- Knit in row below, inserting right needle into the st in the row below the next st. Knit this st as well as the stitch above it on left needle.