



Materials Needed: 75-250yds worsted weight yarn (I used [Cascade 220 Superwash \(220y/100g\)](#)), size 7 (4.5mm) dpn or circular, yarn needle

Gauge: 20sts/10cms or 4ins

Sizes (appx head circumference) [appx finished measurements laid flat]:

Newborn (33cms, 13ins) [16.5x13cms, 6.5x5ins]

baby (38cms, 15ins) [19x16.5cms, 7.5x6.5ins]

toddler (43.5cms, 17ins) [22x18cms, 8.5x7ins]

child (46cms, 18ins) [23x19cms, 9x7.5ins]

teen/small adult (51cms, 20ins) [25.5x18cms, 10x8.5ins]

large adult (56cms, 22ins) [28x23cms, 11x9ins]

MARTHA STITCH PATTERN

Round 1 - (p2, k1b, p2, k2tog, yo, k1, yo, ssk) repeat (to) around

Round 2 - knit around

Round 3 - (p2, k1b, p2, k5) repeat (to) around

Round 4 - Knit around



Cast on 60, 70 (80, 90) 100, 110. Join in the round.
Work 2.5cms or 1ins k1p1 ribbing.

Work in Martha Stitch Pattern until your work measures appx 9, 10.5 (13.5, 14.5) 17, 19.5 cms or 3.5, 4 (5.25, 5.75) 6.5, 7.5 ins from cast on edge ending after completing a row 2.

DECREASES

Round 1 - [p1 vdd, p1, k5] repeat [to] around [48, 56 (64, 72) 80, 88 sts]

Round 2 - knit around

Round 3 - [vdd, k2tog, yo, k1, you, ssk] repeat [to] across [36, 42 (48, 54) 60, 66 sts]

Round 4 - knit around

Round 5 - [k2, vdd, k1] repeat [to] across [24, 28 (32, 36) 40, 44 sts]

Round 6 - knit around

Round 7 - [k1, vdd] repeat [to] across [12, 16 (18, 20) 22 sts]

Round 8 - knit around

Round 9 - [k2tog] repeat [to] across [6, 7 (8, 9) 10, 11 sts]

Do not bind off. Cut yarn leaving a long enough tail to weave in ends. Pull yarn through remaining stitches and cinch the top tight. Weave in ends. Block as desired.

Stitch Key:

K - knit

p - purl

st - stitch

k2tog - knit 2 stitches together

ssk - slip, slip, knit the slipped sts together

vdd - vertical double decrease - slip next 2 stitches as if you were going to knit them together, knit the next stitch, pass 2 slipped stitches over the knitted sts together

k1b - Knit in row below, inserting right needle into the st in the row below the next st. Knit this st as well as the stitch above it on left needle.