Materials:
Yarn: approximately 350, 400, 450yds of fingering weight sock yarn Hobbii Unicorn Solids (Affiliate Link) 437yd/100g
Needles: US #1 / 2.25mm DPNs (or circular for magic loop) I like KnitPicks Reflections
Notions: stitch markers, needle

Gauge: 10sts x 18rows per inch

sizing:
child, adult small, adult large
Finished measurements (unstretched):
Foot Length (adjustable): 7.5, 9, 10ins or 19, 22.5, 25cms
Cuff length (adjustable): 4, 5, 6ins or 10, 12.5, 15cms

This pattern is a top down, heel flap sock. If you are a left-handed knitter (working left to right) there are no modifications required for this pattern.

Abbreviations can be found on the last page.

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Cuff
Cast on 50, 60, 70 sts, join for working in the round.

Separate stitches on your dpn as follows:
1st needle – 25, 30, 35sts
2nd needle – 10, 15, 20sts
3rd needle – 15, 15,15sts
If you are using magic loop or circular needles place markers instead.

Knit 1 round

Round 1 – [yo, k3, sl1, k2tog, psso, k3, yo, k1] around
Round 2 - knit around
Round 3 – [k1, yo, k2, sl1, k2tog, psso, k2, yo, k2] around
Round 4 – knit around
Round 5 - [k2, yo, k1, sl1, k2tog, psso, k1, yo, k3] around
Round 6 - knit around
Round 7 - [k3, yo, sl1, k2tog, psso, yo, k4] around
Round 8 – knit around

Repeat rounds 1-8 1 more time.

Work 0, 4, 6 more rounds in stockinette stitch.

Heel
Knit until 1 stitch remains on needle 3; Wrap and Turn.
Purl until 1 stitch remains on needle 2, W&T.
Turn and knit to 1 st before wrapped st; W& T.
Turn and purl to 1 st before wrapped st, W&T.

Continue in this manner until there are 9, 12,13 sts between wrapped sts.

With RS facing, K to first wrapped st, pick up the wrap and K it together with the st it wraps; Turn
Slip 1, Purl to first wrapped st, pick up the wrap and P it together with the st it wraps, turn
Slip 1, knit across to next wrapped stitch, pick up the wrap and K it together with the st it wraps; Turn
Slip 1, Purl to next wrapped st, pick up the wrap and P it together with the st it wraps, turn

Continue working the last 2 rows, working one more st each row.
When you have worked the last wrapped st on the WS, turn and K back; continue in the round, working in pattern across the instep where you left off.

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Foot
Needle 1 should now have 25, 30, 35 sts
Needle 2 should have 13, 15, 18 sts
Needle 3 should have 12, 15, 17 sts
The new beginning of round is now needle 1.
Continue working in the round in stockinette stitch until the piece measures 5.5, 7, 8ins or 14, 17.5, 20cms (or desired length) from back of heel, or 1.5, 2, 2.25ins or 4, 5, 5.5 cms short of desired foot length. (Example: I wear a US size 10 and need to knit to 8.25ins before the toe decreases.)

Toe
Round 1: k1, ssk, knit to 3 sts before marker, k2tog, k2, ssk, knit to 3 sts before end of round, k2tog, k1 [4 sts dec]
Round 2: knit

Work rounds 1-2 a total of 7, 9, 11 times. Until 22, 24, 26 sts remain.

For a left-handed tutorial of these decreases visit my youtube here

Cut yarn leaving a tail long enough to sew the toe closed, then graft toe using Kitchener stitch.

Weave in all ends

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Kitchener stitch:
Place half the stitches on one needle, half the stitches on the other needle, (top and bottom NOT side to side)
Cut yarn (leaving a long yarn tail) and thread through a blunt needle.
Set-up steps: Insert needle purlwise (back to front) through the first st on front needle, leaving the st on the needle. Then insert needle knitwise (front to back) through the first st on the back needle, leaving the st on the needle.
Step 1: Insert needle knitwise through first st on front needle, then slip this st off the needle.
Step 2: Insert needle purlwise through the second st on front needle, leaving the st on the needle.
Step 3: Insert needle purlwise through first st on back needle, then drop this stitch off the needle.
Step 4: Insert needle knitwise through second st on back needle, leaving the st on the needle.
From this point to the end, repeat steps 1-4.
Kitchener stitch can be intimidating, but you get into a rhythm:
Front needle: knitwise drop off, purlwise leave on,
Back needle: purlwise drop off, knitwise leave on,
Repeat!
At the end of the row, there is only 1 stitch left on each needle.
Work steps 1 and 3 once more.
For a left-handed video tutorial of this visit my youtube here

Abbreviations
bor – beginning of round
k - knit
k2tog -knit 2 stitches together
P – purl
pm - place marker
psso - pass slipped stitch over
sl - slip the next stitch as if to knit
sm - slip maker
ssk – slip next st knitwise, slip next st knitwise, place stitches back onto left needle, knit both slipped sts together
st - stich
sts - stitches
w&t - wrap and turn – wrap the yarn around the next stitch, turn the work (right to wrong side or wrong to right side)
yo – yarn over

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